

Sarah's Well-being Packages

Holistic Harmony £48.00

A combination of three holistic treatments for mind body and soul, in one package. Reflexology, Scalp and Back Massage. Treatment time: 50 Minutes

Total Relaxation £60.00

Eve Taylor Express Facial, Aromatherapy Back, Neck & Shoulder Massage with Jessica File & Polish. Treatment Time: 90 Minutes

Teen Pampering £39.00

Eve Taylor Teen Facial, Eye Brow Shape with File & Polish. Treatment Time: 50 Minutes

Complementary Therapies

Reflexology £40.00

This zone therapy massage to the feet or hands can help rebalance the body by calming the nervous system and promote relaxation.

Indian Head Massage £35.00

The best, easiest and most natural way to relieve stress and tension from the head, face, neck and shoulders.

Hopi Ear Candles £38.00

An ancient therapy to help relieve stress and tension. This holistic treatment is soothing and relaxing. The candles are made of beeswax and essential oils. Whilst lying on your side, each candle will be resting inside your ear and takes approx. 10 minutes to burn followed by a pressure point massage to the face.

Reiki

Reiki is an energy healing practice which can be deeply relaxing. Reiki can help with anxiety, reduce pain, improve energy, better sleep and boost mood.

Reiki Healing (30 minutes) £30.00

Reiki Healing (45 minutes) £40.00

Gift Vouchers

I have gift vouchers available that can be personalised with a treatment or presented in any denomination. Gift vouchers can be purchased online or in the salon. All vouchers have a six month expiry and cannot be exchanged for cash.

Online Booking

I offer an efficient online booking service via my website. All clients are requested to pay in full for their treatments at the time of booking.

Cancellation Policy

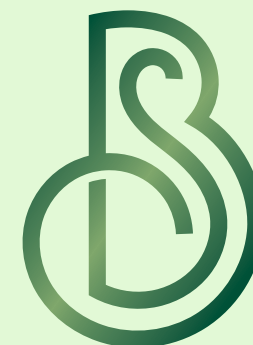
If you do need to cancel or rearrange your appointment with us, we require at least 48 hours notice by phone or email. Within that time, we will be more than happy to reschedule your appointment. However if you do break our cancellation policy or fail to show up, you will be charged a 50% fee of your treatment.

Contact

Mobile: 07976 265 131

Email: info@sarahbaileybeautyandholistics.co.uk

Website: www.sarahbaileybeautyandholistics.co.uk



SARAH BAILEY
BEAUTY & HOLISTICS



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Facials

Eve Taylor London

The natural approach to beautiful skin with the power of aromatherapy and botanical extracts to enhance skin and wellbeing.

Express Prescriptive Facial £38.00

For all skin types looking for a quick pick me up.

Sooth & Nourish Prescriptive Facial £48.00

Nurture and soothe dry, moisture depleted skin with this aromatic facial treatment. Nature's finest ingredients nourish the skin revealing a brighter, softer complexion leaving you feeling pampered and fresh.

Age Resist Prescriptive Facial £58.00

The age resist facial refines and resurfaces pre-maturely ageing skin to reveal a smooth, softened complexion. Anti-oxidants and vitamins defend against environmental aggressors whilst stimulating new healthy tissue. Skin is left looking radiant and beautiful regardless of age.

Teen Clean £30.00

Created specifically for teenagers, the Teen Clean Facial deeply cleanses the and exfoliates, unblocking the pores and clearing the skin. A refreshing masque soothes and reduce redness, calming breakouts and invigorating problematic skin before mattifying balm leaves the face looking fresh, clear and squeaky clean.

Massage

Eve Taylor Aromatherapy Massage

Preblended essential oils to complement all massage treatments to help relax or invigorate the body and mind.

Full Body Massage £48.00

Back and Backs of Legs £38.00

Back, Neck & Shoulders £32.00

Lava Shell Relax Full Body Massage £59.00

Lava Shell Relax Back and Backs of Legs £45.00

Lava Shell Relax Back Massage £38.00

M technique

M technique is a registered method of structured touch suitable for the very fragile, critically ill or careers of the critically ill.

Hand or Foot Treatment £28.00

Hand & Foot Treatment £38.00

Eye Treatments

48 hour skin sensitivity patch test required prior to all tinting.

Eye Lash, Brow Tint & Shape £30.00

Eye Brow Tint & Shape £18.00

Eye Lash Tint £16.00

Eye Brow Tint £10.00

Waxing

Warm, strip wax and hot wax. Hot wax is recommended for coarse hair growth in small areas.

Eye Brow Wax £12.00

Lip & Chin Wax £16.00

Lip/Chin Wax £10.00

Nasal Wax £9.00

Full Leg Wax £35.00

¾ Leg Wax £26.00

Half Leg Wax £22.00

Bikini Wax £16.00

Basic Bikini Hot Wax £22.00

Under Arm Wax £10.00

Lower Arm Wax £15.00

Full Arm Wax £20.00

Intimate Wax

Taking every strand of hair. If possible, please trim before your appointment.

Initial £36.00

Regular £32.00

Kissed By Mii

Full Body Manual Tan £30.00

Full Body Manual Tan & Exfoliation £37.00

Legs Only Manual Tan £15.00

Legs Only Manual Tan & Exfoliation £20.00

Hand and Foot Care

Jessica is considered a world leading brand, with a range of products to achieve and maintain naturally beautiful nails.

Jessica Manicure £32.00

Jessica File & Polish £17.00

Jessica Pedicure £33.00

Jessica File & Polish £17.00



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